



Help prevent child abuse and strengthen families. Become a **Volunteer Parent Support Counselor**

Family Paths, Inc. mission is to strengthen family relationships by providing mental health & supportive services with **respect, integrity, compassion** and **hope**. We are currently recruiting **Volunteers for our Parenting Stress Helpline** to help us continue to fulfill our mission.

Last year with the help of helpline volunteers, we assisted over 6000 families with counseling support, parenting tips & strategies, information & referrals to needed community resources, & referrals to Family Paths' services.

This is a rewarding volunteer opportunity for:

- ✓ **Students** (*in the counseling, social work and other human service fields*) who want to gain valuable work experience
- ✓ **Mothers/Fathers/caregivers** who want to support other parents/caregivers
- ✓ **Retirees** who want to share their life experience & skills
- ✓ **Others** who want to make a difference in the lives of parents and families



Bilingual & experience working with parents and families a plus (but not required)

Volunteer Parent Support Counselors receive a **free 30+ hour training** over two weekends, and a certificate upon completion!

Our next training is coming up!

Attend a virtual Volunteer Info Session to learn more.

Monday, Aug 24 12-1:30pm OR Tuesday, Aug 25 5-6:30pm

If you are interested in volunteering, please go to the Helpline Volunteer page on our website at www.familypaths.org. You can also email Program Coordinator **Kim San Gabriel** at ksangabriel@familypaths.org for information about how to get started.