

Un Marco Cultural Sobre Terapia Familiar / A Cultural Framework on Family Therapy

Jeanette Lopez-Urbina LCSW

THIS TRAINING WILL BE IN SPANISH

*Provided by Family Paths (CEU Provider #62239) in conjunction with Chabot-Las Positas Community College District and Alameda County through Title IV-E Funding.
This workshop is free & open to those who work with children in the foster care system in Alameda County.*

Descripción de la Capacitación

Brindar terapia familiar a las familias que han sufrido traumas durante generaciones puede ser un desafío e impacto tanto para las familias como para los proveedores. Antes de que se llevara a cabo la terapia familiar, es posible que las familias hayan experimentado mucho trauma en sus vidas igual que servicios que pueden no haber sido accesibles o que se hayan realizado de manera deficiente. Pero, también, tenemos que considerar que las familias puedan sobrevivir en un estado de crisis actual. La mayoría de las veces, para poder ser efectivos con familias que han experimentado tales traumas, pérdidas y otros desafíos bio-psicosociales, es importante priorizar el compromiso para generar confianza y trabajar para proporcionar experiencias de sanación y conexiones para las familias. Esta capacitación se enfoca en construir una base para aprender formas efectivas de entender los desafíos que enfrentan las familias que han experimentado desafíos sociopolíticos y de trauma, así como aprender formas de involucrarse y brindar servicios informados y culturalmente receptivos.

Objetivos de Aprendizaje:

1. Revisar los desafíos comunes para involucrar a las familias en comunidades que tienen un historial de experiencias de trauma, opresión y racismo.
2. Identificar formas de involucrar a las familias y construir una alianza positiva en terapia familiar, incluso a través de prácticas informadas sobre el trauma y prácticas culturalmente receptivas.
3. Revisar estrategias para abordar los desafíos complejos que las familias pueden estar experimentando debido a la historia de trauma, opresión y racismo.

Training Description

Providing family therapy to families that have experienced generations of trauma can be challenging as well as impactful for both the families and providers. Prior to family therapy taking place, families may have experienced much trauma in their lives, services that may have not been accessible or poorly delivered, and families may be surviving in a current crisis state. Most often, to be able to be effective with families that have experienced such trauma, loss, and

other bio-psychosocial challenges, it is important to prioritize engagement to build trust and work towards providing healing experiences and connections for families. This training focuses on building a foundation in learning effective ways to understand the challenges faced by families who have experienced trauma and sociopolitical challenges as well as learn ways to engage and provide services in a trauma informed and culturally responsive manner.

**Space is limited.
Registration is required.
Register at:**

<https://www.eventbrite.com/e/un-marco-cultural-sobre-terapia-familiar-registration-55095911354>

Please include any requests for accommodations for disability.

Breakfast & Snacks Provided.

When:

**Tuesday March 19, 2019
9:00 am to 1:30 pm**

Where:

**1727 Martin Luther King Jr.
Way, Suite 109
Oakland, CA 94612**

The Trainer

Jeanette Lopez-Urbina, LCSW has worked in the mental health/social services field since the year 2000, in various settings in Northern and Southern California, including residential and community-based services, through services such as Wraparound, psychotherapy, and violence prevention work. Jeanette has worked extensively with youth and families, especially in the area of trauma, including supporting youth and families in specialized services that address gang involvement, sexual exploitation, immigration trauma, and issues related oppression, racism, and acculturation issues. Jeanette is a bilingual Salvadoran-American practitioner who enjoys practicing mostly from a social justice, relational, and psychodynamic approach. She currently holds a Private Practice in Berkeley and is adjunct faculty in a mental health professional institute in the Bay Area. Jeanette provides trainings throughout the Bay Area on topics related to the LatinX population, trauma informed care, and culturally responsive services.

Course Outline

- 09:00 Introduction
- 09:15 Overview and strategies of Family Engagement
- 10:00 Impact of trauma on families: Barriers and interventions
- 11:30 Break
- 11:45 Culturally Responsive understanding and interventions when working with families

12:30 Practice and apply strategies in supporting youth and families manage acculturation challenges

01:30 Family Therapy models and applications

El Entrenador Jeanette Lopez-Urbina, LCSW ha trabajado en la área de servicios de salud mental / servicios sociales desde el año 2000, en diversos entornos en el norte y sur de California, incluidos servicios residenciales y comunitarios, a través de servicios como Wraparound, psicoterapia y trabajo de prevención de la violencia. Jeanette ha trabajado extensivamente con jóvenes y familias, especialmente en el área del trauma, lo que incluye brindar apoyo a jóvenes y familias en servicios especializados que abordan la participación de pandillas, la explotación sexual, el trauma de la inmigración y problemas relacionados con la opresión, el racismo y la aculturación. Jeanette es una proveedora bilingüe salvadoreña estadounidense que disfruta practicando principalmente desde un enfoque de justicia social, relacional y psicodinámico. Actualmente tiene una Práctica Privada en Berkeley y es profesora adjunta en un instituto profesional de salud mental en el Área de la Bahía. Jeanette ofrece capacitaciones sobre temas relacionados con la población de LatinX, atención informada sobre el trauma y servicios culturalmente sensibles.

CEUs This training meets the qualifications for 4 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. The 15 minute break

is not included in the total CEU time awarded. CEUs will be awarded in person at the end of the training. Provided by Family Paths, Provider #62239 thru CAMFT CEPA. We will be unable to provide attendees with certificates of completion if more than 15 minutes of course content is missed.

Disability Accommodation Family Paths will make reasonable efforts during the training to accommodate qualified individuals with disabilities and/or medical conditions in accordance/compliance with the State Fair Employment and Housing Act (FEHA), Federal Americans with Disabilities Act (ADA) and applicable statutes. To request an accommodation due to a disability/medical condition during this training, please contact the Clinical Training Coordinator no later than 5 days before the training. The buildings where most of our trainings are conducted are wheelchair accessible and have disabled parking available.

Cancellation Policy We do not charge for our trainings at present and space is limited. **If you cannot attend we ask that you contact us as soon as possible in order to open up that seat to someone else.** If training is cancelled, participants are notified via email no later than one week prior to the training if possible. If a trainer has an emergency and notifies the training department in less than week, those registered for the training are notified as soon as possible. Training registrants are provided the makeup date that is scheduled for the training.

Training Grievance Policy Family

Paths is committed to providing a work/learning environment in which all individuals are treated with respect and dignity. A participant of trainings has the right to seek a remedy for a dispute or disagreement through Family Path's policies for filing complaints/grievances for participants. Training participants may use available informal means to have decisions reconsidered before filing a formal complaint/grievance. No retaliation of any kind shall be taken against a participant for filing a complaint/grievance. In an effort to provide the highest quality services to participants in our trainings, you are encouraged to report immediately any concerns regarding your training experience to the Clinical Training Coordinator who will provide the complaint form. All participant complaints/grievances should be in writing (which may be in your own language) to the Clinical Training Coordinator, Family Paths, 1727 Martin Luther King Jr. Way, Suite #109 Oakland, CA 94612 or by email to kmichaels@familypaths.org. Once a complaint or grievance has been submitted, you can expect a response no later than ten (10) business days. Upon receipt the Clinical Training Coordinator will conduct a formal review of the complaint/grievance and will attempt a timely resolution, taking appropriate corrective action if warranted by the investigation. If no resolution is forthcoming, or the problem is not satisfactorily resolved, the participant may direct any complaint/grievance to the Program Administrator, Family Paths' Clinical Director.

Questions?

Email us at Trainings@familypaths.org